

# BBE

BEACHBLANKETBOHEMIA

## Breakfast

SERVED UNTIL (LET'S BE REASONABLE)  
ALL OUR EGGS ARE FROM GRAIN FED  
CHICKENS & ARE FREE FROM FISH MEAL  
& ANIMAL PRODUCTS

THE FOLLOWING BREAKFASTS ARE SERVED WITH TOAST,  
RYE, SEEDED HEALTH, WHITE OR SOUR DOUGH

### HEALTH PORRIDGE 44 V

Oats served with bananas + whole berry sauce  
+ drizzled with honey

### SEASONAL FRUIT & PLAIN YOGHURT 65 V

Served with honey OR golden syrup

### MIXED MUESLI & SEASONAL FRESH FRUIT SALAD WITH PLAIN YOGHURT 63 V

Served with honey OR golden syrup

### VEGETARIAN STACK 64 V

Sweetcorn fritters + smashed avo  
+ mushroom + basil pesto oil

### FLAPJACKS BARS V *Nuevo!*

Nutella + Hazelnut + Syrup 68

Caramelised banana + vanilla crème fraîche  
(cultured cream) + maple syrup 87

### BANANA BREAD FRENCH TOAST 86 V

Fior di latte + whole berry sauce + orange zest

### BENEDICT

2 poached eggs + toasted English muffin

Topped with hollandaise sauce

With bacon 68 OR salmon 94

### TURKISH EGGS 68 V *Nuevo!*

2 Tumeric eggs + hummus + cucumber,  
pepper, tomato salsa + pesto + pita

### SCRAMBLES

Scrambled eggs + smoked salmon  
trout + chives 95

Avo + chilli + feta + coriander 71 *Nuevo!*

Emmental cheese + ham 66

### BUENOS DIAS 50

Egg + bacon + grilled tomato

### BEACH BLANKET BREAKFAST 99

2 Eggs + bacon + beef sausage + grilled tomato  
+ mushrooms + sweetcorn + zucchini fritter

### THE MED 88

Grilled halloumi + bacon + avocado + rocket  
+ poached egg + sundried tomato pesto

### HOUSE OMELETTE 83

3 Egg omelette + ham + mushrooms + rosa  
tomatoes + caramelised onions + cheddar

### GREEN OMELETTE 82 V *Nuevo!*

Baby spinach + brocolli + avo + zucchini  
+ spring onion + feta

### Extras

Egg | Tomato | Onion | Nuts +14

Cheese | Avo | Artichokes | Mushrooms | Spinach +23

Sausage | Chouriço | Bacon +27

Parma Ham +38 Salmon (80g) +56

## Toasties

ALL SANDWICHES SERVED UNTIL 4PM  
SERVED ON YOUR CHOICE OF SOUR LOAF,  
SEEDED HEALTH, RYE, SHORT OR FRENCH  
WITH A SMALL SIDE ORDER OF CHIPS OR SALAD

### TRIPLE CHEESE 44 V

### CHICKEN MELT 65

Sundried tomato spread + mozzarella + pesto

### CROQUE MADAME 77 *Nuevo!*

Continental ham + emmental cheese

+ white sauce + free range egg

+ sour dough bread

### TUNA MAYONNAISE 62

### CHEESE, TOMATO & HAM 56

### CHICKEN MAYO 59

### SPICY MINCE & EGG 66

### OPEN AVO TOAST & COTTAGE CHEESE + ROSA TOMATO 65 V *Nuevo!*

## Quesadillas

TOASTED TORTILLA  
WITH MOZZARELLA BASE  
SERVED WITH A SIDE ORDER  
OF CHIPS OR SALAD

### STEAK 95

Steak + jalapeño + caramelised onions  
+ tomato salsa

### ROAST VEGETABLE 84 V

Marinated brinjal + roasted peppers + baby  
marrow + caramelised onion + basil mayo

### SPICY CHICKEN 89

Spicy chicken breast + green pepper  
+ onion + peppadew + sour cream

### CHOURIÇO & MUSHROOM 90

Chouriço + mushrooms + kalamata olives  
+ tomato + guacamole + salsa

### HEALTH 86 V *Nuevo!*

Spinach + avo + pesto + cottage cheese  
+ baby spinach

## Tapas

### ACEITUNAS 35 V

Marinated olives

### PAN CON TOMATE 49 V

Rustic bread + vine ripe tomatoes  
+ garlic infused olive oil + sea salt

### PESTO POMODORO FLAT BREAD 55 V

### STACKED BRINJALS 64 V

Oven baked  
Spinach + ricotta + home made napolitana sauce

### HALLOUMI CHEESE 63 V

Grilled OR Fried  
Sweet chilli sauce + lemon wedge

### BEEF CARPACCIO 92

Marinated in lemon juice & olive oil + fresh rocket  
+ capers + parmesan shavings

### FAMOUS SPICY CREAMY CHICKEN LIVERS 71

Served with bruschetta

### SALMON CAKES 77

Served on wilted spinach + chive crème fraîche

### SALMON TARTAR 89

Infused with rosemary oil + capers + red onion  
+ aioli + toast

### GRILLED OR FRIED CALAMARI

Rocket + coriander aioli OR chilli lime dressing  
Calamari 77 OR Squid Heads 70

### CHAMPINONES 60 V

Creamy wild mushroom + garlic + parsley  
Served on brie topped crostini

### BUFFALO WINGS 70

BBQ chicken wings OR chilli chicken wings

### GAMBAS 80

Marinated king prawns

### PERI PERI CHICKEN STRIPS 55

Lightly grilled chicken strips  
+ spicy peri-peri sauce + bruschetta

### ZUCCHINI FRIES 49 V *Nuevo!*

Fried zucchini strips + aioli

### BAKED CAMEMBERT 76 V *Nuevo!*

Baked camembert + honey + pecan nut

### SOUP OF THE DAY 5Q

Please ask your waiter

## Salads

### V MEDITERRANEAN 88

Roast vegetables + crispy baby  
leaf lettuce + goats cheese

### V ROASTED TOMATO CAPRESE 86

Fresh basil + buffalo mozzarella

### BACON & BLUE CHEESE 94

Croutons + crispy baby leaf lettuce  
+ rosa tomatoes  
Add extra avocado +23

### V CAESAR 88

Poached egg + cos lettuce + rosa  
tomatoes + croutons + parmesan  
shavings + delicious caesar dressing  
Add extra chicken or bacon +27

### GRILLED CHICKEN 94

Parmesan shavings + crispy baby leaf lettuce  
+ rosa tomatoes + pine nuts + basil oil  
Add extra avocado +23

### TUNA SALAD 90

Tuna + rocket + lettuce + roast peppers  
+ corn + cucumber + carrot + kalamata olives  
+ basil mayo + avocado toast

### SMOKED SALMON 118

Crispy baby leaf lettuce + rosa tomatoes  
+ avocado + onions + capers + cream cheese

### CRISPY CHICKEN LIVER SALAD 98

Lightly crumbed chicken livers + crispy baby  
leaf lettuce + tomato + carrot + spring onion  
+ herb yoghurt dressing

# Main Courses

SERVED WITH A SIDE ORDER. YOUR CHOICE OF POTATO FRIES, SWEET POTATO FRIES, RICE, VEGETABLES OR SALAD

## CALAMARI 155

Grilled OR Fried  
Served with a choice of lemon butter or tartar sauce

## PRAWNS NAÇIONAL

6 prawns 145 12 prawns 220  
King prawns served in creamy beer + peri-peri + garlic sauce

## GRILLED CHICKEN

Whole 160 1/2 95  
Marinated in a peri-peri OR a lemon & herb sauce. Flame grilled to perfection

## CRISPY CHICKEN SCHNITZEL 104

Topped with pesto + diced cherry tomato + fresh basil

## CHICKEN BREAST 115

Stuffed with spinach & goats cheese + creamy parmesan & beer sauce + crispy bacon

## PORTUGUESE STEAK 174

300g rump steak pan fried in a white wine & garlic sauce & topped with a fried egg

## KINGKLIP 180

Grilled to perfection with herbs & served with garlic butter

## BRAISED LAMB SHANK 195

Slow cooked in wine + lemon wedges + thyme  
Served with caramelised baby onions + leak infused mashed potatoes

## GRILLED SALMON 218

Wrapped in parma ham served on a bed of spinach + lentils

## LAMB CHOPS 188

Marinated in olive oil + Rosemary  
- Grilled to your liking. Served on baby crushed potatoes + fresh rocket + parmesan shavings

## OXTAIL 165

Traditional Spanish recipe with saffron spice + sherry. Served on our homemade mash

## MOZAMBICAN PRAWN CURRY 165

Prawns prepared in a curry infused coconut cream served with rice + sambals

## PAELLAS

Chicken + chouriço + spring peas + pimento + saffron rice 125

Calamari + shrimp + mussels

+ spring peas + pimento + saffron rice 160

## A La Plancha (From The Grill)

ALL MEAT DISHES ARE SERVED WITH A SIDE ORDER OF YOUR CHOICE.  
ALL CUTS AVAILABLE AS EITHER SALT FLAKE & OLIVE OIL GRILLED OR BBQ BASTED.  
PLEASE INFORM WAITER OF CHOICE

## FILLET (260G) 185

## 21 DAY AGED RUMP (300G) 165

## MARINATED PORK RIBS

500g 160 1kg 280

## BBQ BEEF RIBS

500g 145 1kg 240

## SAUCES 30

Creamy brandy & peppercorn

Creamy blue cheese

Creamy dijon mustard

Balsamic

Creamy jalapeño, mushroom & peppadew

Creamy mushroom

## SPECIALITY SIDES 50

Sautéed baby marrow with garlic and olive oil

Spinach & lentils

Baby crushed potatoes

Crispy onion rings

Sweet potato fries

Parmesan truffle fries

## Our Favourites

SERVED WITH A SIDE ORDER. YOUR CHOICE OF POTATO FRIES, SWEET POTATO FRIES, RICE, VEGETABLES OR SALAD

## CLASSIC BURGERS

220g Beef burger patty, topped with cheese + onion rings 95

*Nuevo!*

Double chicken patties, topped with cheese + onion rings 91

## BIG B BURGER 106

220g Beef burger patty + bacon + cheese + mushroom sauce + onion rings

## KAROO LAMB BURGER 98

Topped with brinjals + Danish feta + fresh rocket + tzatziki

*Nuevo!*

## CASANOVA 115

Beef patty + emmental + ham + mayo + dijon mustard

## TEQUILA LIME CHICKEN BURGER 96

Guacamole + chilli mayo + jalapeños + bacon + cheese

## BEER BATTERED HAKE 96

Served with tartar sauce + coleslaw

## OPEN PITA 98 *Nuevo!*

Lamb OR Lentil + hummus + cucumber, pepper, tomato salsa + tzatziki

## BRAZILIAN HOTDOG 91

Caramelised onion + tomato + chilli + baguette

## PREGO 100

150g Scotch fillet cooked to perfection OR chicken 91

## Pasta

YOUR CHOICE OF PENNE, SPAGHETTI OR LINGUINI  
ADD ZUCCHINI NOODLES +10

## SPANISH PASTA 114

Chourico + olives + napolitana + red pepper + cheddar + avo

*Nuevo!*

## MEDITERRANEAN VEGETABLE 94

Cooked in a napolitana sauce topped with mozzarella balls + fresh basil

## SALMON & ROSEMARY 130

Rosa tomatoes sautéed with baby spinach + asparagus + crème fraîche

## MARISCO 146

Calamari + mussels + prawns in a creamy white wine garlic & paprika sauce

## SPICY CHICKEN & BACON 102

Cooked in baby marrow + mild chilli + rosa tomatoes + spinach

## FILLETO 132

Spring onions + mushrooms + rosa tomatoes in a creamy white wine & garlic sauce

## LAMB 102

Slow roasted lamb in a rich white wine + tomato & onion sauce

## HALLOUMI 90

Halloumi cheese + rosa tomatoes + garlic + lemon juice & a dash of olive oil

## BACON & BLUE CHEESE 109

Baby marrow + creamy sun dried tomato sauce

## PRAWN PASTA 165

Prawns + basil pesto + cherry tomatoes

## CREAMY CHICKEN & SAFFRON SPICE 108

With a touch of chilli + garlic + mint

## AFFOGATO (DROWNED IN COFFEE) 56

Italian homemade vanilla ice cream topped with a shot of frangelico, espresso coffee & biscotti

## BROWNIES 42

Served with cream OR ice cream

## CRÈME BRÛLÉE 42

## Pizza

ALL OUR PIZZAS ARE MADE WITH A THIN FRESH TOMATO & MOZZARELLA BASE

## MARGHERITA 72

With fresh basil leaves

## GOATS CHEESE 99

Oven roasted Mediterranean vegetables + red onion + olives + fresh basil

## MACARONI & CHEESE 95

Chilli mayo + coriander

## BILTONG, CHEDDAR & PEPPADEW 110

ITALIAN SMOKED MOUNTAIN HAM 108  
Coppa + gorgonzola + fresh rocket

## BACON, FETA & AVO 105

## PROSCIUTTO 120

Thinly sliced cured Italian ham + rosa tomatoes + fresh rocket

## COOKED ITALIAN HAM 102

Mushrooms + garlic + olives

## CHOURIÇO 106

Roasted red peppers + caramelised onion + chilli + garlic + fresh oregano

## SPICY SOUTHERN ITALIAN SALAMI 104

Red onions + olives + mushrooms + fresh rocket

## BALSAMICO 122

Glazed beef fillet in a balsamic reduction + peppadews + feta + fresh rocket

## MEXICANA 104

Spicy mince + green peppers + onions + chilli

## SPICY CHICKEN 104

Onions + green peppers + peppadews + avocado

## 'B' CUBED 108

Ham + bacon + rocket + rosa tomatoes + avo + mustard basil mayo

## CALAMARI 126

Calamari in our mild peri-peri sauce + bacon + lemon

## Delicious Desserts



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