

# BBB

BEACHBLANKETBOHEMIA

SERVED UNTIL (LET'S BE REASONABLE)  
ALL OUR EGGS ARE FROM GRAIN FED CHICKENS & ARE FREE  
FROM FISH MEAL & ANIMAL PRODUCTS

## BREAKFAST

THE FOLLOWING DISHES BELOW ARE SERVED WITH  
TOAST, RYE, SEEDED HEALTH, WHITE, BROWN OR SOUR DOUGH

### ✓ HEALTH PORRIDGE - R67

OATS SERVED WITH BANANAS + BERRY SAUCE  
+ DRIZZLED WITH HONEY

### ✓ SEASONAL FRUIT & PLAIN YOGHURT - R84

SERVED WITH MIXED SEEDS + HONEY

### ✓ GRANOLA & SEASONAL FRESH FRUIT - R88

SERVED WITH DOUBLE THICK YOGHURT + MIXED  
SEEDS + HONEY

### ✓ VEGETARIAN STACK - R91

POACHED EGG + SWEETCORN & ZUCCHINI FRITTERS  
+ SMASHED AVO + MUSHROOM + BASIL PESTO OIL

### ✓ VEGGIE BREKKIE - R89

POTATO ROSTIES + MUSHROOMS + SPINACH  
+ ROASTED CHERRY TOMATO + BAKED BEANS

### THE MED - R100

GRILLED HALLOUMI + BACON + AVOCADO + ROCKET  
+ POACHED EGG + SUN-DRIED TOMATO PESTO

### ✓ FLAPJACK BAR

NUTELLA + PEACAN NUT + SYRUP - R87  
CARAMELIZED BANANA + BACON + MAPLE SYRUP - R95

### ✓ BANANA BREAD FRENCH TOAST - R100

WHIPPED CREAM + BERRY SAUCE + ORANGE ZEST

### EGGS BENEDICT

2 POACHED EGGS + TOASTED ENGLISH MUFFIN  
TOPPED WITH HOLLANDAISE SAUCE  
WITH BACON - R92 OR SALMON - R129

### ✓ MEXICAN BENEDICT - R86

2 POACHED EGGS + SMASHED AVO + BUTTERNUT SQUASH  
+ PICKLED JALAPEÑO + TOASTED ENGLISH MUFFIN  
TOPPED WITH HOLLANDAISE SAUCE

### ✓ TURKISH EGGS - R94

2 TURMERIC EGGS + HUMMUS + CUCUMBER &  
TOMATO SALSA + WHIPPED FETA + PITA BREAD

### SCRAMBLES

- SMOKED SALMON TROUT + CHIVES - R125
- AVO + CHILLI + FETA + CORIANDER - R88

### BUENOS DIAS - R65

EGG + BACON + GRILLED TOMATO

### BEACH BLANKET BREAKFAST - R121

2 EGGS + BACON + BEEF SAUSAGE + GRILLED TOMATO  
+ MUSHROOMS + POTATO ROSTIES

### HOUSE OMELETTE - R105

3 EGG OMELETTE + HAM + MUSHROOMS + ROSA  
TOMATOES + CARAMELIZED ONIONS + CHEDDAR

### ✓ GREEN OMELETTE - R103

BABY SPINACH + BROCCOLI + AVO + ZUCCHINI  
+ SPRING ONION + FETA  
EGG WHITE + - R8

### 'EL BENNIE - R91

POTATO ROSTIES + BOLOGNESE MINCE + POACHED  
EGG + HOLLANDAISE SAUCE (SERVED WITH TOAST)

## TOASTIES

ALL SANDWICHES SERVED UNTIL 4PM. SERVED ON YOUR CHOICE OF WHITE, BROWN, SOUR DOUGH  
LOAF, SEEDED HEALTH, RYE WITH A SMALL SIDE ORDER OF CHIPS OR SALAD.

### CHICKEN MELT - R86

SUN-DRIED TOMATO SPREAD + MOZZARELLA + PESTO

### CROQUE MADAME - R95

CONTINENTAL HAM + EMMENTAL CHEESE + WHITE SAUCE + FREE RANGE EGG  
+ SOUR DOUGH BREAD

### TUNA MAYO - R80 | CHICKEN MAYO - R78

### ✓ TRIPLE CHEESE - R60 | CHEESE, TOMATO & HAM - R72

## QUESADILLAS

TOASTED TORTILLA WITH MOZZARELLA BASE WITH A SIDE ORDER OF CHIPS OR SALAD

### STEAK - R120

SCOTCH FILLET + JALAPEÑO + CARAMELISED ONIONS + TOMATO SALSA

### ✓ ROAST VEGETABLE - R111

MARINATED BRINJAL + ROASTED PEPPERS + BABY MARROW + CARAMELISED ONION  
+ BASIL MAYO

### SPICY CHICKEN - R111

SPICY CHICKEN BREAST + GREEN PEPPER + ONION + PEPPADEW + SOUR CREAM

## OPEN SANDWICHES

RECOMMENDED ON SOUR DOUGH OR RYE BREAD  
WITH A SMALL SIDE ORDER OF CHIPS OR SALAD.

### ✓ AVO TOAST - R86

AVO + COTTAGE CHEESE + CHERRY TOMATOES

### ✓ HUMMUS TOAST - R96

HUMMUS + AVO + EGG + ROCKET + RADISH & CHILLI FLAKES

## SALADS

### ✓ MEDITERRANEAN - R103

ROAST VEGETABLES + CRISPY BABY LEAF LETTUCE + GOATS CHEESE + ROSA TOMATO

### ✓ WARM CAPRESE - R110

ROASTED TOMATO + FRESH BASIL + BUFFALO MOZZARELLA

### BACON & BLUE CHEESE - R113

CROUTONS + CRISPY BABY LEAF LETTUCE + ROSA TOMATOES

### CAESAR - R106

POACHED EGG + COS LETTUCE + ROSA TOMATOES + CROUTONS + PARMESAN  
SHAVINGS + DELICIOUS CAESAR DRESSING  
ADD EXTRA CHICKEN OR BACON + R22

### GRILLED CHICKEN - R107

PARMESAN SHAVINGS + CRISPY BABY LEAF LETTUCE  
+ ROSA TOMATOES + PINE NUTS + BASIL PESTO OIL ADD EXTRA AVOCADO + R22

### TUNA SALAD - R115

TUNA + ROCKET + LETTUCE + ROAST PEPPERS + CORN + CUCUMBER + CARROT  
+ KALAMATA OLIVES + BASIL MAYO + AVOCADO

### SMOKED SALMON - R140

CRISPY BABY LEAF LETTUCE + ROSA TOMATOES + AVOCADO + ONIONS + CAPERS  
+ CREAM CHEESE

## TAPAS

### ✓ STACKED AUBERGINE - R76

SPINACH + MOZZARELLA + HOME MADE NAPOLITANA SAUCE + PARMESAN SHAVINGS

### ✓ HALLOUMI CHEESE - R75

GRILLED OR FRIED SWEET CHILLI SAUCE + LEMON WEDGE

### BEEF FILLET CARPACCIO - R110

MARINATED IN LEMON JUICE & OLIVE OIL + FRESH ROCKET  
+ CAPERS + PARMESAN SHAVINGS

### FAMOUS SPICY CREAMY CHICKEN LIVERS - R83

SERVED WITH BRUSCHETTA

### SALMON CAKES - R87

SERVED ON WILTED SPINACH + CHIVE CRÈME FRAÎCHE

### SALMON TARTAR - R115

INFUSED WITH ROSEMARY OIL + CAPERS + RED ONION + HOME MADE AIOLI + CROSTINI

### GRILLED OR FRIED CALAMARI - R86

ROCKET + AIOLI

### CRISPY CHILLI SQUID HEADS - R85

ROCKET + HOME MADE CHILLI MAYO

### ✓ CHAMPINONES - R79

CREAMY SHIMEJI MUSHROOM + GARLIC + PARSLEY SERVED ON CAMEMBERT TOPPED CROSTINI

### BUFFALO WINGS - R82

BBQ WINGS OR CHILLI WINGS OR GARLIC PARMESAN CHEESE

### PERI PERI CHICKEN STRIPS - R75

LIGHTLY GRILLED CHICKEN STRIPS + SPICY PERI-PERI SAUCE + BRUSCHETTA

### ✓ ZUCCHINI FRIES - R75

FRIED ZUCCHINI STRIPS + HOMEMADE AIOLI + PARMESAN

### ✓ FALAFEL - R75

DEEP FRIED FALAFEL BALLS + HUMMUS + PITA

# MAIN COURSES

## CALAMARI - R178

GRILLED OR FRIED. SERVED WITH A CHOICE OF LEMON BUTTER OR TARTAR SAUCE

## PRAWNS NAÇIONAL

### 6 PRAWNS - R195 12 PRAWNS - R298

KING PRAWNS SERVED IN CREAMY BEER + PERI-PERI + GARLIC SAUCE

## GRILLED CHICKEN

### WHOLE - R175 1/2 - R103

MARINATED IN A PERI-PERI OR A LEMON & HERB SAUCE FLAME GRILLED TO PERFECTION

## CRISPY CHICKEN SCHNITZEL - R126

TOPPED WITH PESTO + DICED CHERRY TOMATO + FRESH BASIL

## CHICKEN BREAST - R139

STUFFED WITH SPINACH & GOATS CHEESE + CREAMY PARMESAN & BEER SAUCE + CRISPY BACON

## PORTUGUESE STEAK - R205

300G RUMP STEAK PAN FRIED IN A WHITE WINE & GARLIC SAUCE & TOPPED WITH A FRIED EGG

## KINGKLIP - R210

GRILLED TO PERFECTION WITH HERBS & SERVED WITH GARLIC BUTTER

## A LA PLANCHA

ALL MEAT DISHES ARE SERVED WITH A SIDE ORDER OF YOUR CHOICE.  
ALL CUTS AVAILABLE AS EITHER SALT FLAKE & OLIVE OIL GRILLED OR BBQ BASTED.  
PLEASE INFORM WAITER OF CHOICE

### FILLET

260G - R200

### 21 DAY AGED RUMP

300G - R180

### MARINATED PORK RIBS

500G - R185 1KG - R320

### BBQ BEEF RIBS

500G - R185 1KG - R320

### SAUCES - R30

BRANDY & PEPPERCORN  
BLUE CHEESE  
DIJON MUSTARD  
BALSAMIC  
JALAPEÑO, MUSHROOM & PEPPADEW  
MUSHROOM

### SPECIALITY SIDES SQ

SAUTÉED BABY MARROW  
SPINACH & LENTILS  
BABY CRUSHED POTATOES  
CRISPY ONION RINGS  
SWEET POTATO FRIES

## PASTA

YOUR CHOICE OF PENNE, SPAGHETTI OR LINGUINI  
ADD ZUCCHINI NOODLES + R10

### BOLOGNESE - R105 | ALFREDO - R100 | AURORA - R93

### ✓ MEDITERRANEAN VEGETABLE PASTA - R115

COOKED IN A NAPOLITANA SAUCE TOPPED WITH MOZZARELLA BALLS + FRESH BASIL

### SALMON & ROSEMARY PASTA - R164

ROSA TOMATOES SAUTÉED WITH BABY SPINACH + ASPARAGUS + CRÈME FRAÎCHE

### MARISCO - R168

CALAMARI + MUSSELS + PRAWNS IN A CREAMY WHITE WINE GARLIC & PAPRIKA SAUCE

### SPICY CHICKEN & BACON - R130

COOKED IN BABY MARROW + MILD CHILLI + ROSA TOMATOES + SPINACH

### FILLETO - R150

SPRING ONIONS + MUSHROOMS + ROSA TOMATOES IN A CREAMY WHITE WINE & GARLIC SAUCE

### LAMB PASTA - R142

SLOW ROASTED LAMB IN A RICH WHITE WINE + TOMATO & ONION SAUCE

### ✓ HALLOUMI - R116

HALLOUMI CHEESE + ROSA TOMATOES + GARLIC + LEMON JUICE & A DASH OF OLIVE OIL

### BACON & BLUE CHEESE - R130

BABY MARROW + CREAMY SUN DRIED TOMATO SAUCE

### CREAMY CHICKEN & SAFFRON SPICE - R132

WITH A TOUCH OF CHILLI + GARLIC + MINT

### ITALIAN SAUSAGE - R130

RED PEPPERS + KALAMATA OLIVES + NAPOLITANA + DASH OF CREAM

## DELICIOUS DESSERTS

### AFFOGATO (DROWNED IN COFFEE) - R74

ITALIAN HOMEMADE VANILLA ICE CREAM TOPPED WITH A SHOT OF FRANGELICO,  
ESPRESSO COFFEE & BISCOTTI

### CREME BRULÉE - R74

### WARM PASTE DE NATA & ICE-CREAM - R68

## GRILLED SALMON

WRAPPED IN PARMA HAM + HONEY & MUSTARD + SPINACH & LENTILS - R232

## LAMB CHOPS - R220

MARINATED IN OLIVE OIL + ROSEMARY - GRILLED TO YOUR LIKING. SERVED WITH BABY CRUSHED POTATOES + FRESH ROCKET + PARMESAN SHAVINGS

## OXTAIL - R215

TRADITIONAL SPANISH RECIPE WITH SAFFRON SPICE + SHERRY. SERVED ON OUR HOMEMADE MASH

## MOZAMBICAN PRAWN CURRY - R195

PRAWNS PREPARED IN A CURRY INFUSED COCONUT CREAM SERVED WITH RICE + SAMBALS

## OUR FAVORITES

SERVED WITH A SIDE ORDER. YOUR CHOICE OF CHIPS,  
SWEET POTATO FRIES, RICE, VEGETABLES OR SALAD

### CLASSIC BURGER - R112

220G BEEF BURGER PATTY, TOPPED WITH CHEESE + ONION RINGS

### BIG B BURGER - R136

220G BEEF BURGER PATTY + BACON + CHEESE + MUSHROOM SAUCE + ONION RINGS

### CRUMBED CHICKEN BURGER - R108

CRUMBED CHICKEN BREAST + MAYO + SLAW + PINEAPPLE + CHEESE

### KAROO LAMB BURGER - R125

TOPPED WITH BRINJALS + WHIPPED FETA + FRESH ROCKET

### TEQUILA LIME CHICKEN BURGER - R126

GUACAMOLE + CHIPOTLE MAYO + JALAPEÑOS + BACON + CHEESE + PICKLED JALAPEÑO

### BEER BATTERED HAKE - R122

SERVED WITH TARTAR SAUCE + COLESLAW

### DOUBLE HOTDOGS - R105

BRAZILIAN CARAMELIZED ONION + ROSA TOMATOES + CHILLI FLAKES + BAGUETTE

### BEEF PREGO - R110

150G TENDERIZED STEAK COOKED TO PERFECTION

### CHICKEN PREGO - R100

CHICKEN FILLET COOKED TO PERFECTION

### CARB FREE BURGER - R100

250G BEEF BURGER PATTY + BROWN MUSHROOM + CHEESE + BACON + EGG + LETTUCE + TOMATO (NO SIDE ORDER INCLUDED)

### ✓ VEGGIE BURGER - R120

FALAFEL + WHIPPED FETA + ROASTED CHERRY TOMATO + ROCKET + HONEY

## PIZZA

ALL OUR PIZZAS ARE MADE WITH A THIN FRESH TOMATO  
& MOZZARELLA BASE

### ✓ MARGHERITA - R80

WITH FRESH BASIL LEAVES

### ✓ GOATS CHEESE - R126

OVEN ROASTED MEDITERRANEAN VEGETABLES + RED ONION + OLIVES + FRESH BASIL

### ITALIAN SAUSAGE - R124

CAPERS + CARAMELIZED ONION + OREGANO

### BACON, FETA & AVO - R126

### PROSCIUTTO - R148

THINLY SLICED CURED ITALIAN HAM + ROSA TOMATOES + FRESH ROCKET

### COOKED ITALIAN HAM - R120

MUSHROOMS + GARLIC + OLIVES

### CHOURIÇO - R127

ROASTED RED PEPPERS + CARAMELISED ONION + CHILLI + GARLIC + ORIGANUM

### BALSAMICO - R138

GLAZED SCOTCH FILLET IN A BALSAMIC REDUCTION + PEPPADEWS + FETA + FRESH ROCKET

### MEXICANA - R130

SPICY MINCE + GREEN PEPPERS + ONIONS + CHILLI

### SPICY CHICKEN - R130

ONIONS + GREEN PEPPERS + PEPPADEWS + AVOCADO

### 'B' CUBED - R140

HAM + BACON + ROCKET + ROSA TOMATOES + AVO + MUSTARD BASIL MAYO

### CALAMARI - R145

CALAMARI IN OUR MILD PERI-PERI SAUCE + BACON + LEMON

### ✓ MAC & CHEESE - R110

MAC & CHEESE + CHILLI MAYO + CORIANDER

### ✓ RED PEPPER & FETA - R136

RED PEPPER + DANISH FETA + GREEN OLIVE + BASIL PESTO + ROSA TOMATO + LEMON ZEST & ORIGANUM